

EYES WIDE OPEN

Discover truth. Find hope. Embrace freedom.

WHAT IS EYES WIDE OPEN?

Eyes Wide Open (EWO) is a 10-week program that emphasizes spiritual and emotional healing from worldly lies surrounding food, body-image, identity, and self-esteem. Through in-person community-based support and individual study, women will discover truth, find hope, and embrace freedom with like-minded sisters-in-Christ. Learn more about Eyes Wide Open at livingintruthministries.com/healing-support-groups/.

What Women Are Saying About EWO

"Great group -- love the relationships that are developing and the trust that was built in our healing process."

"God gave me a major breakthrough in this program and I am eternally grateful."

"Such a great process for healing. It took us through each step but so gently and provided so much guidance."

HOW TO HOST AN EYES WIDE OPEN HEALING GROUP

01

Decide Group Format

Determine the type of group you will be hosting. Will it be IN-PERSON or ONLINE? (Both require Internet & screen sharing capability.)

02

Recruit Group Leaders

Recruit 1-2 leaders depending on the size of your group. Host Pack includes digital leader guides and training. (Hardcopies purchased separately.)

03

Decide When To Meet

Determine a start date as well as the day and time for your weekly meetings. (2-hour meetings are recommended for 10-weeks.)

04

Advertise Your Group

Your Host Pack includes everything you need to advertise your group. EWO is also a great outreach tool to connect with your community.

05

Create A Group

Once you have a full sign-up list, create a finalized group and communicate information/details, including where to purchase their "Participant Pack". (Don't worry, we have a leader hub to help you with this!)

06

Get Materials

Participants will need to purchase a "Participant Pack" through Living in Truth Ministries on our "Store" page. Leader materials are included in the "Host Pack".

07

Begin Healing!

It won't take long to see God at work in and through your group. Let the healing begin!